SKIN MATTERS

SURFACE
Make sure your patients are on supportive surfaces

SKIN INSPECTION
Ask your patient about tenderness and check for discolouration, including under or around medical devices

KEEP MOVING
Support your patient to move, turn, and reposition regularly

INCONTINENCE
Look after your patient’s skin, keep them clean and dry

NUTRITION
Encourage patients to stay nourished and hydrated

Let’s work together to prevent pressure injuries

nzwcs.org.nz/pressureinjuries