

Traditional Maori Medicine





Myths





Mana

Prestige, authority, power etc.

**The web of connections that
makes us who we are**





Whakamā

A sense of shame





Mate Māori

**Illness attributed to
transgression of tapu**





Mākutu

‘pointing the bone’

A way of bullying





Pōwhiri

To welcome / invite





Karakia

Prayer / blessing
Clearing the way





Mauri

Life force / vitality

What makes something alive





Mauri ora!

