



Bios for Pressure Injury Symposium 2024 – in order of appearance

9.20am John Marrable *and I live my life to the fullest!*

I have been a paraplegic since 1967, following an accident while trying to climb a cliff while on holiday in Dunbar, Scotland. My parents told my brother and I not to go near the cliffs, but boys being boys we tried to climb one. Unfortunately, the ledge I was standing on gave way resulting in me falling off and landing on the rocks below.

I had my 11th birthday and nine months of rehabilitation in Stoke Mandeville Spinal Unit, Aylesbury, Buckinghamshire, England. It was there that I was taught life skills that I still use and practice today. I emigrated to Dunedin New Zealand, where my mother was from, in 1974 and have lived a very full life ever since.

I am a karate instructor and self-defence instructor, or if you spell it the American way, a self defense instructor, with over 50 years in the martial arts as well as a motivational speaker. I have spoken to schools, tertiary students, service organisations, community groups to name a few and tailor my talks to suit the group I am with. My martial Arts and self defence (defense) have taken me all over the world. I 'Live my Life to the Fullest' and hope to inspire others to do the same!

10am Paula McKinnel *Every Contact Counts - reducing pressure injuries in Aotearoa*

Job title: Clinical Nurse Specialist - Wound Care for CCDHB

Employer: Capital & Coast DHB

Professional qualifications: Diploma in Nursing, BSc Hons Tissue Viability, Masters in Nursing

Bio: Paula has been working with people who have a pressure injury or are at risk of, it for most of her career. She has a passion for sharing and implementing evidence-based practice across all health professional disciplines and healthcare settings. She is a member of the NZWCS, currently a member of the PIAG.

10.45am Anj Dickson *Putting the pressure on inequity*

Job Title: Wound care Clinical Nurse Specialist for Pressure injury prevention and management

Employer: Te Whatu Ora Health New Zealand – Counties Manukau

Professional qualifications: BN; PGCert, PG Dip, Masters in Nursing

Anj has been working at Counties for 15 years and has been part of the wound care team for five, specialising in pressure injury prevention and management. This role sees her providing wound care support and recommendations within the inpatient setting, as well as providing virtual support to patients in ARRC facilities with pressure injuries. Anj is passionate about sharing her knowledge and contributes to webinars, education sessions and she is also part of the International Learning Collaborative. She has been a member of the PIAG since 2019

Anj has recently completed her Master's on the impact of skin tone on the development of pressure injuries and is looking forward to carrying this research on to a PhD.

11.15am Jan Johnstone Pressure Injury aetiology & staging

Clinical Research Nurse, Southern DHB

Professional qualifications: RN Grad cert Wound Management

I am an active member of the New Zealand Wound Care Society (NZWCS), I am a current National Committee Member, a member of the Pressure Injury Advisory Group from 2019-currently and Area Coordinator for the Otago region (2017-2022)

Pressure injuries are of strong interest to me, especially in the community setting and in imparting knowledge to colleagues and clinicians in patient care. I have 30 years of community experience, Implementing appropriate evidence-based interventions is essential to reduce the incidence of pressure injuries to improve patient and whanau outcomes.

11.45am Andrew Hall and Val Sandston, New initiatives regarding pressure Injury prevention for people with spinal cord impairment

Andrew lives in Christchurch and is married with two boys (20yrs and 17yrs). He is the National Programme Manager for the NZ Spinal Trust, managing their nationwide Peer & Whānau Support service. Prior to that he was a technical team leader for the Canterbury District Health Board and prior to that the software manager for electronics manufacturer Dynamic Controls. Previous to that he worked for Professor Alan Clarke at the NZ Spinal Trust establishing the organisation's vocational rehabilitation programme following which he served 5 years as chief executive of the Trust. He sustained a spinal cord injury in 1983 resulting in C#6 incomplete tetraplegia.
Position: National Programme Manager, NZ Spinal Trust

Val Sandston is the Community Nursing Manager - Laura Fergusson Brain Injury Trust

12.15 Maz Black, Nutrition for wounds, how can it help?

NZRD, Canterbury Dietitians. Maz Black has been a Dietitian for nearly twenty years and has been in Christchurch working for Canterbury Dietitians for the last ten. Her current role as a Clinical Dietitian includes working with aged care facilities to facilitate optimising nutrition for wound healing and the prevention and treatment of malnutrition and also working with clients in the community who are at high risk of developing pressure injuries such as those with spinal cord injuries. Maz has a passion for improving nutrition to help improve quality of life and enjoys providing education sessions to promote the importance of good nutrition.

14.00 Helen Lappin, Catherine Johnston Pressure injury equipment

Helen Lappin, Occupational Therapist/Seating and wheelchair from Laura Fergusson Brain Injury Trust

Catherine Johnston (MPNZ), NZ Registered Physiotherapist from Summit Physio

14.45 Sharryn Cook, [Every contact counts by using a decision tree - case study](#)

Clinical Nurse Specialist for Wound and Stomal therapy

Employer: Te Whara Ora Nelson Marlborough

Professional qualifications: RN. PGCert. in Health Science, PGDip. in Health Science, Masters in Health Science

I am an Area Coordinator and National Committee member for the Nelson Marlborough region and have been a member of the Pressure Injury Advisory Group since August 2018. I'm passionate about education to prevent and manage pressure injuries. I feel privileged to be part of the PIAG team with the experience and knowledge that is shared as part of the New Zealand wound care society.

Panel

15.40 Althea Page-Carruth [Pressure Injury Prevention and Management International clinical guideline update](#)

Podiatrist, Professional qualifications: PhD, MBA, BSc (Hons), DPod M

I am currently working in Central Otago and have a podiatry practice in Cromwell and Alexandra.

I have a background in education and ran the podiatry course in Wellington many years ago when I first arrived from London, where I was teaching. My time in Wellington was focused on developing the podiatry degree course and the end of degree course for those podiatrists who had previously gained a diploma in Podiatry and needed to upgrade.

My specialised interests were in diabetic foot care and therefore pressure injuries – their treatment and prevention. I also ran the biomechanics and orthotics lab at the University of Westminster where my interests lay in the treatment and prevention of foot pathologies in those with neurological conditions, autoimmune disorders and also children.

My area of research more recently was in Diabetes and the experiences of people with diabetes, particularly in rural areas. This combined a passion of mine which is the delivery of equitable health care across all environments and the reduction of barriers to that care either from institutional biases or from personal barriers to care.

I have been a member of the New Zealand Wound Care Society (NZWCS) since 2019. I am currently a member of the Education Advisory Group, the Pressure Injury Advisory Group and the Pan Pacific Pressure Injury Alliance. I shall be representing the NZWCS on the Guideline Development Group for the 4th Edition of the International Guidelines following the footsteps of Pam Mitchel.
