



**Te Kaporeihana Āwhina
Hunga Whara**
prevention.care.recovery.

He ahu umanga ngaio hei whakamahu poka

Advancing Practice and Knowledge in Wound Management

Wound Awareness Week 24 - 30 August 2020

Presenting: Skin Tears – Case Study

Case Study

Case Study

- 86 year old gentleman who lives in his own home with his elderly wife
- recent hospital discharge following a hip fracture sustained from an unwitnessed fall

Medical history:

- hypertension
- hip replacement
- walker for mobilising
- previous skin tears as a result of frequent falls

Medications:

- Zopiclone 3.75mg, Cilazapril 5mg, Aspirin 100mg, Atorvastatin 20mg, Paracetamol PRN



Case Study

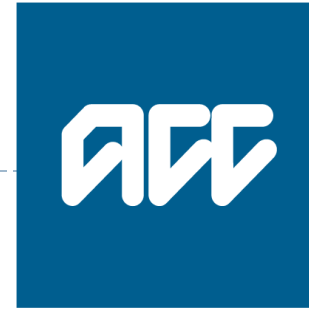
Presenting situation:

- Skin tear to R) forearm, sustained when walking up 2 concrete steps to his front door.
- Fell back into the garden, ambulance called to assess and transport to his General Practitioner for a medical review.



Case Study - How would you manage this?

- What risk factors can you identify?
- How would you classify this skin tear?
- How would you document and report this in your workplace?
- What dressing products could you use?
- What prevention strategies are required?
- What education will you provide?
- What else do you need to consider?



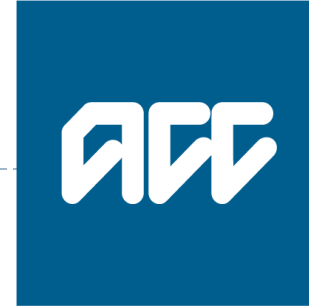
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Thank you for your attendance

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